

Highlights of Accomplishments – 2008

Acute / Primary Care

- Expanded **Getting Serious about Asthma Control** from elementary school to after-school programs to mitigate the effects of asthma. Provided training to school nurses. Collaborated with the TC Health Dept. to create a website of resources. Distributed materials to 22 elementary schools.

Thanks to the *Legacy Foundation* and *Rotary Club of Ithaca* for asthma program support

- Developed “Guide to Finding Dental Coverage.” Researched data on dental needs of children.
- Publicized tobacco cessation resources as part of T-Free, the tobacco control coalition of TC.
- Served on fundraising task force to extend the Cayuga Waterfront Trail to Stewart Park.
- **Urgent Rx** helped 1,100 people fill prescriptions to support their medical treatment; 50% more than last year. Provided vouchers for 2,502 medications, worth \$57,250, to people with no insurance who received care at the Ithaca Free Clinic and Cayuga Medical Center. Also offered information about health care subsidy programs.

Kudos to Urgent Rx partners *Cayuga Medical Center, Ithaca Free Clinic, Kinney Drugs, Tompkins Health Network, and United Way of Tompkins County*

Long Term Care

- In partnership with community advocates, successful in adapting **Berger Commission** findings to meet local needs. Priorities include adding 80 assisted living program beds and a medical adult day care program at Lakeside Nursing and Rehabilitation Center.
- Led **Sharing Your Wishes** Coalition to encourage and support advance health care planning. Developed a training package with a CD, videos, powerpoints and handouts. Gave presentations to senior and employee groups. Distributed over 9,000 booklets.
- Conducted a survey of unmet needs in phase two of our **Long Term Care Needs Assessment**; combined analysis with previous surveys.
- Helped plan the Ithaca College Gerontology Institute conference on LTC workforce recruitment and retention; participating in follow-up efforts to realize changes.

Advisory Board

Special appreciation to the Tompkins County Legislators for their ongoing support

- Organized presentations on Powerful Tools for Caregivers and universal health care.
- Advocated for the needs of people without health insurance.
- Participated in Health Benefits Committee of the Intermunicipal Council of Governments.
- Worked with TC Legislature on **TompkinsRx**, a free prescription discount card. More than 750 users a month saved an average of 24% on medications, for a total of \$308,000. Conducted evaluation of this four-year-old program.

- Began creating a **health profile** of Tompkins County residents. Will partner with the TC Health Dept., CMC and others to gather community input about priority public health needs.

***Tompkins Health Network* implementation projects:**

- **PMAP** (Prescription Meds Access Program): Counseled almost 200 clients about prescription medicines. Assisted people in obtaining drugs free from pharmaceutical companies; saved community \$53,487.
- **Get Covered Info Line:** Responded to calls from more than 210 people about health insurance options and costs.
- **Healthcare Workforce:** Promoted *My Health Careers*: a web-based tool with training, salaries, and job opportunities; www.cnyahec.org.
- **Chronic Disease:** Trained staff in the Stanford Chronic Disease Self-Management program. Will offer two series of classes next year.

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