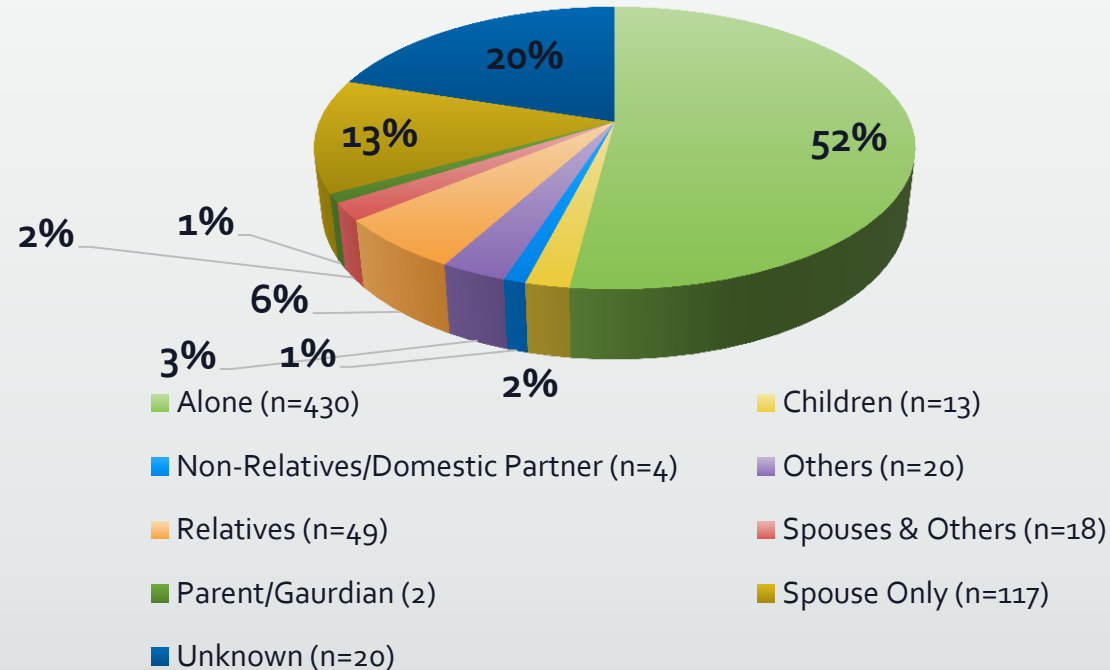




Foodnet Meals on Wheels

Senior Hunger & Isolation

52% of Foodnet's Clients Live Alone



The effects of loneliness on health are similar to smoking up to 15 cigarettes a day

Meal Delivery



Foodnet serves nearly 700 daily meals to over 400 older adults and others in-need throughout Tompkins County so our neighbors can live a life without hunger and isolation.

More than a meal



Each meal is delivered with a safety check, a friendly visit, and compassion

Social Dining



Serving our seniors along the continuum of need

**Titus Towers, YMCA, Center Village Court*

Comprehensive Nutrition Services



Nutrition Assessment, Counseling, Education, & Analysis by a Registered Dietitian

New Choice Menu System

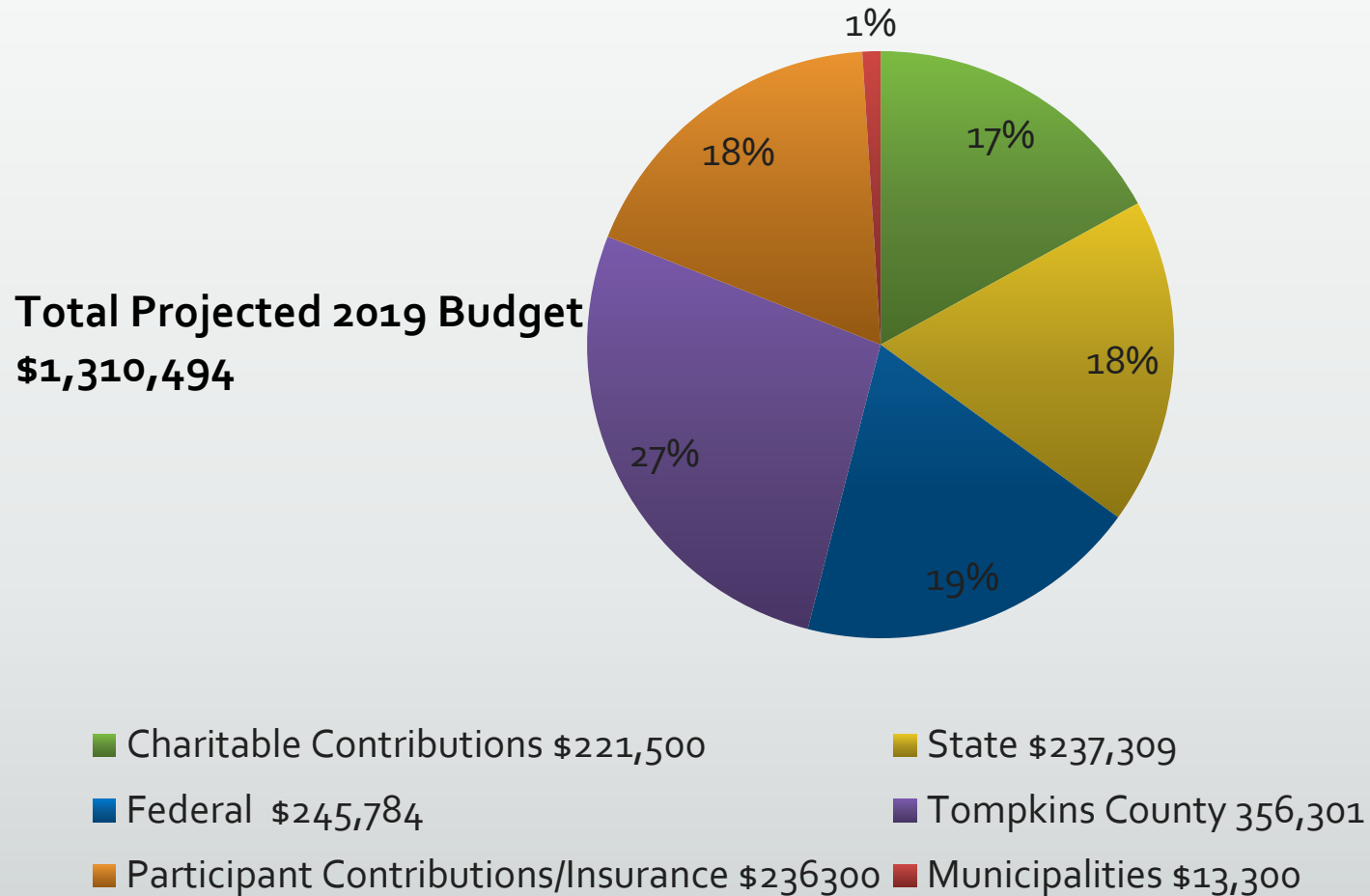


**Meals on Wheels America's
software solution of choice for
home delivered meal providers.**

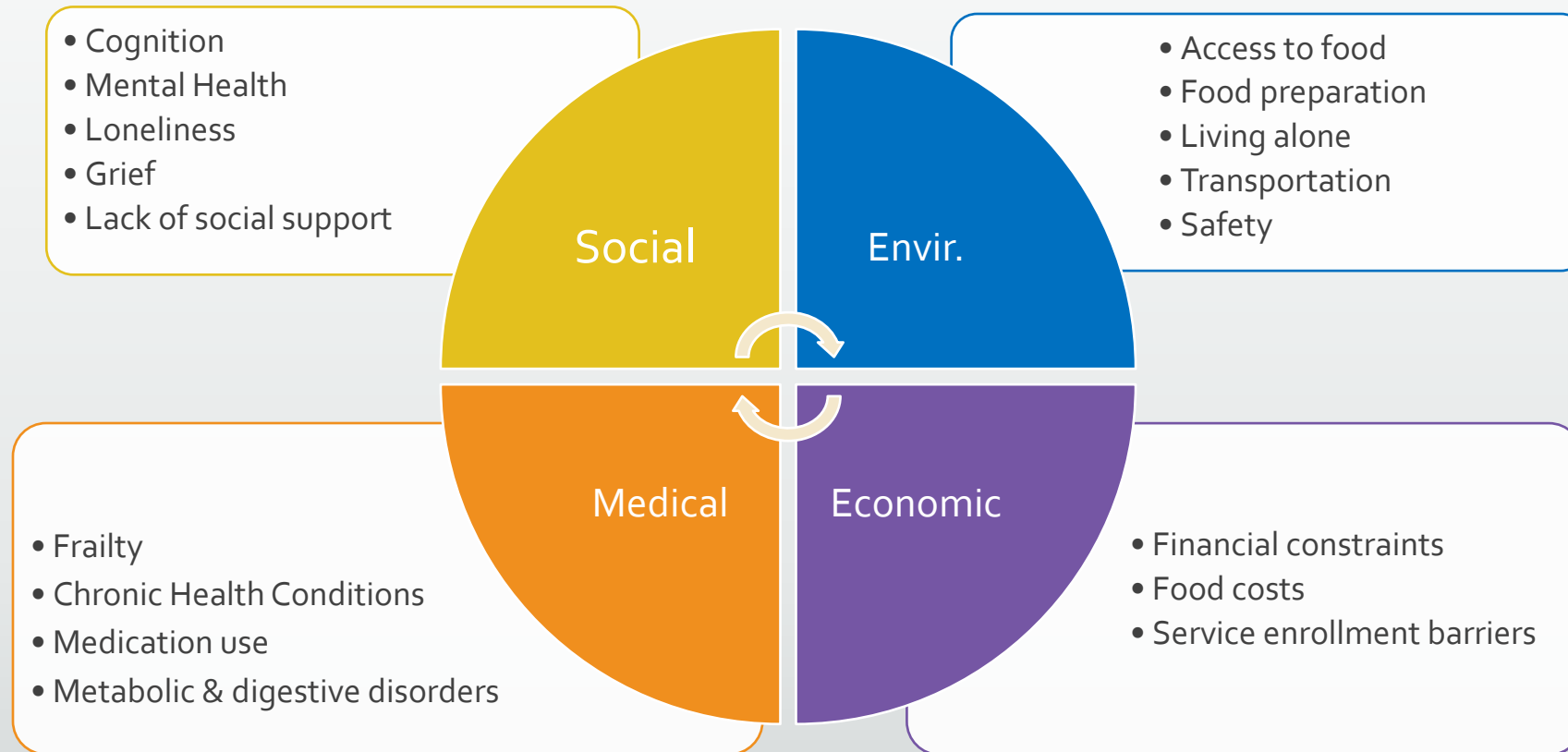
Funding



Foodnet Projected Funding 2019



Senior Malnutrition & Food Insecurity are Complex



Our Meals Matter (satisfaction surveys 2018)



Home Delivered Participants (n=189)

- ✓ 68% say the meals help them to continue living independently
- ✓ 60% say the meals help to manage their health
- ✓ 62% say that the meals have changed their health



Congregate Program Participants (n=39)

- ✓ 72% say they eat at their meal site, because they like eating with others
- ✓ 31% say the meals help them continue to live independently
- ✓ 37% say the meals help them to change their diet

Client satisfaction survey October 2018 * 228 responses 45% response rate

Community Impact



Reduction in Hospitalization Rates (39% decline after 30 days of service)



Reduction in Emergency Department Rates (28% after 30 days of service)



Reduction in Nursing Home Use (28% decline after 30 days of service)



The cost of 1 year of meals for 1 person is relatively the same cost as 1 day in a hospital or 10 days in a nursing home