

# CHA | CHIP 2019-2024

Tompkins County Health Department ~ Cayuga Medical Center

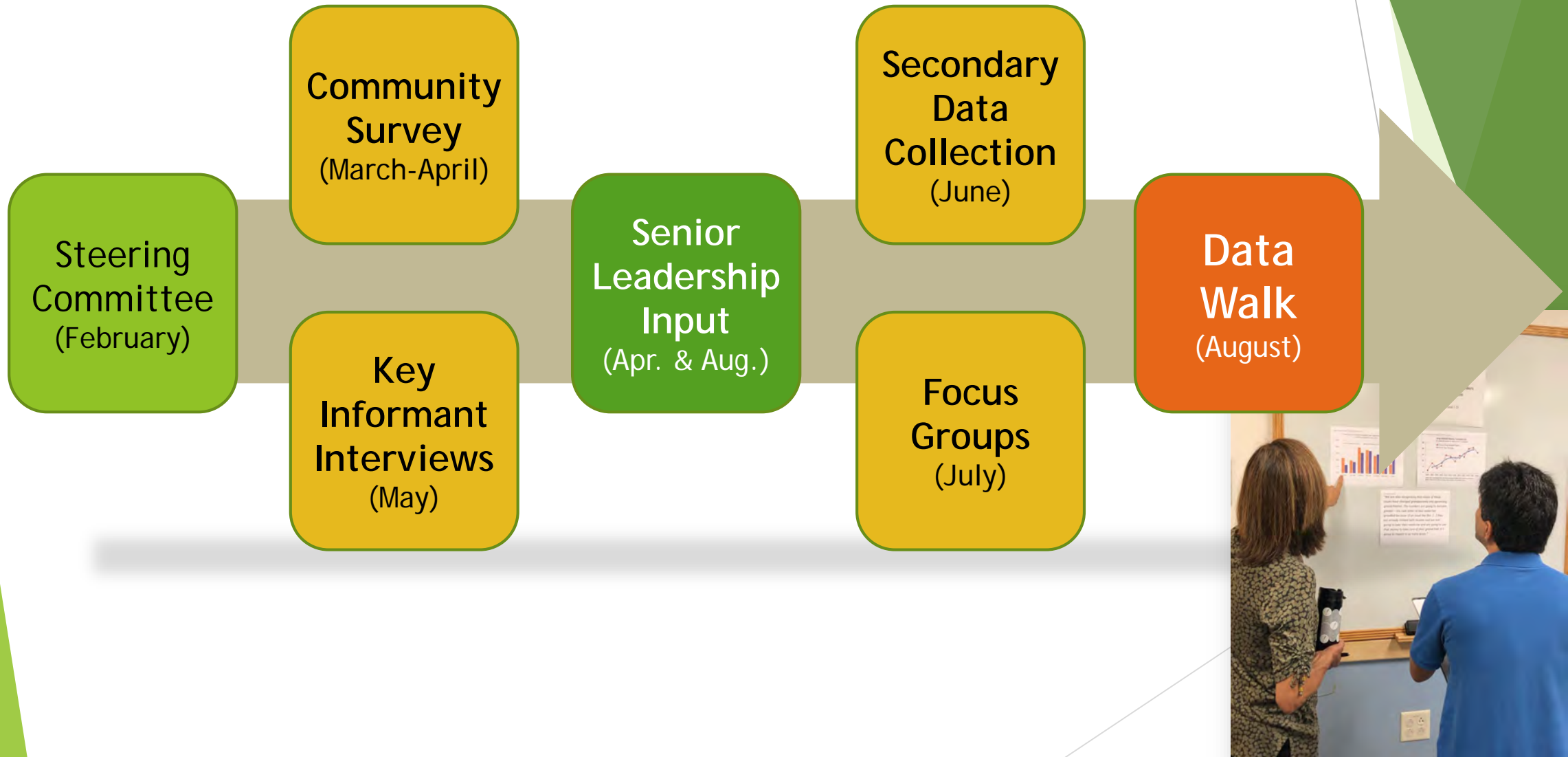
# Steering Committee

- ▶ Cayuga Medical Center
- ▶ Health Planning Council
- ▶ Tompkins County Mental Health
- ▶ Cornell University
- ▶ Ithaca College
- ▶ Food Bank of the Southern Tier
- ▶ Cornell Cooperative Extension
- ▶ Racker Center
- ▶ County Office for the Aging, Tompkins County Youth Services

# Prevention Agenda Priorities, 2019-2024

- ▶ To make New York the healthiest state across all ages
  - ▶ Prevent Chronic Diseases
  - ▶ Promote a Healthy and Safe Environment
  - ▶ Promote Healthy Women, Infants, and Children
  - ▶ Promote Well-Being and Prevent Mental and Substance Use Disorders
  - ▶ Prevent Communicable Diseases

# Process



# Community Health Improvement Plan (CHIP)

Focus Areas

Goals

Objectives

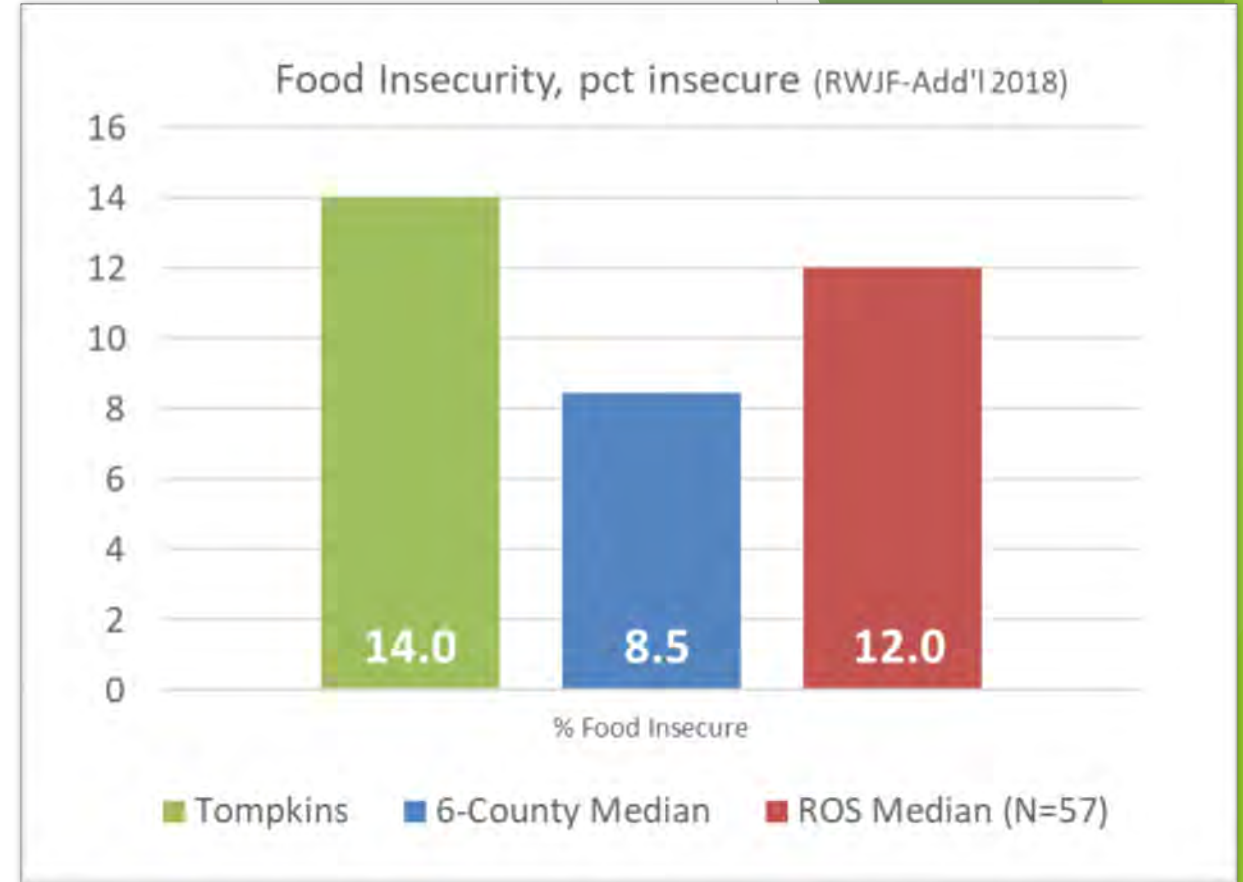
Interventions

# Selected Focus Areas

- ▶ Healthy Eating and Food Security
- ▶ Preventive Care and Management
- ▶ Cross Cutting Healthy Women, Infants, & Children
- ▶ Promote Well-Being

# Prevent Chronic Disease

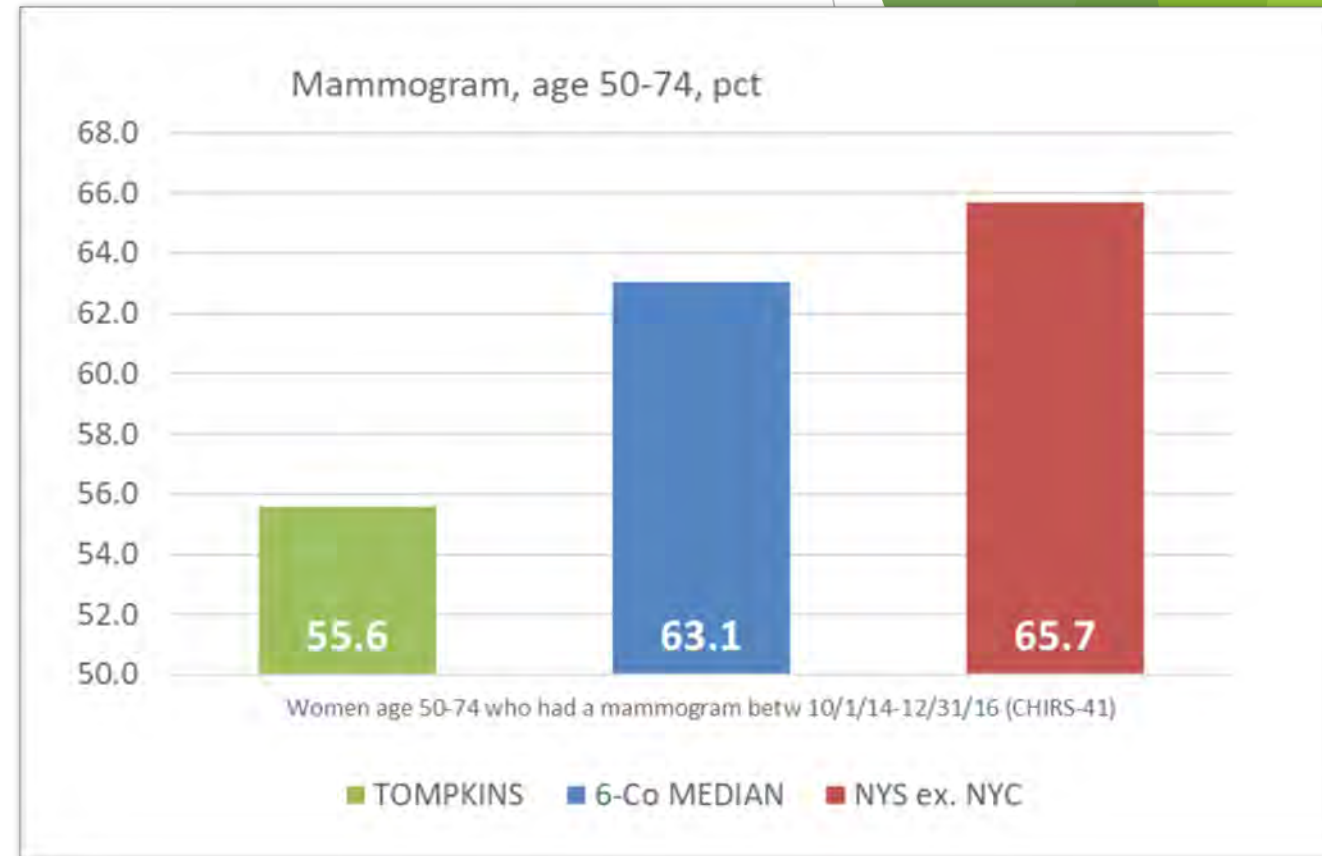
- ▶ FA-1: Healthy eating and food security.
- ▶ Goal 1.3: Increase Food Security.



*"The top cupboard is full of canned stuff. We lived on that; we actually ran out at the very end and wondering what we're going to eat."*

# Prevent Chronic Disease

- ▶ FA-4: Preventive care and management.
- ▶ Goal 4.1: Increase cancer screening rates for breast, cervical, and colorectal cancer.

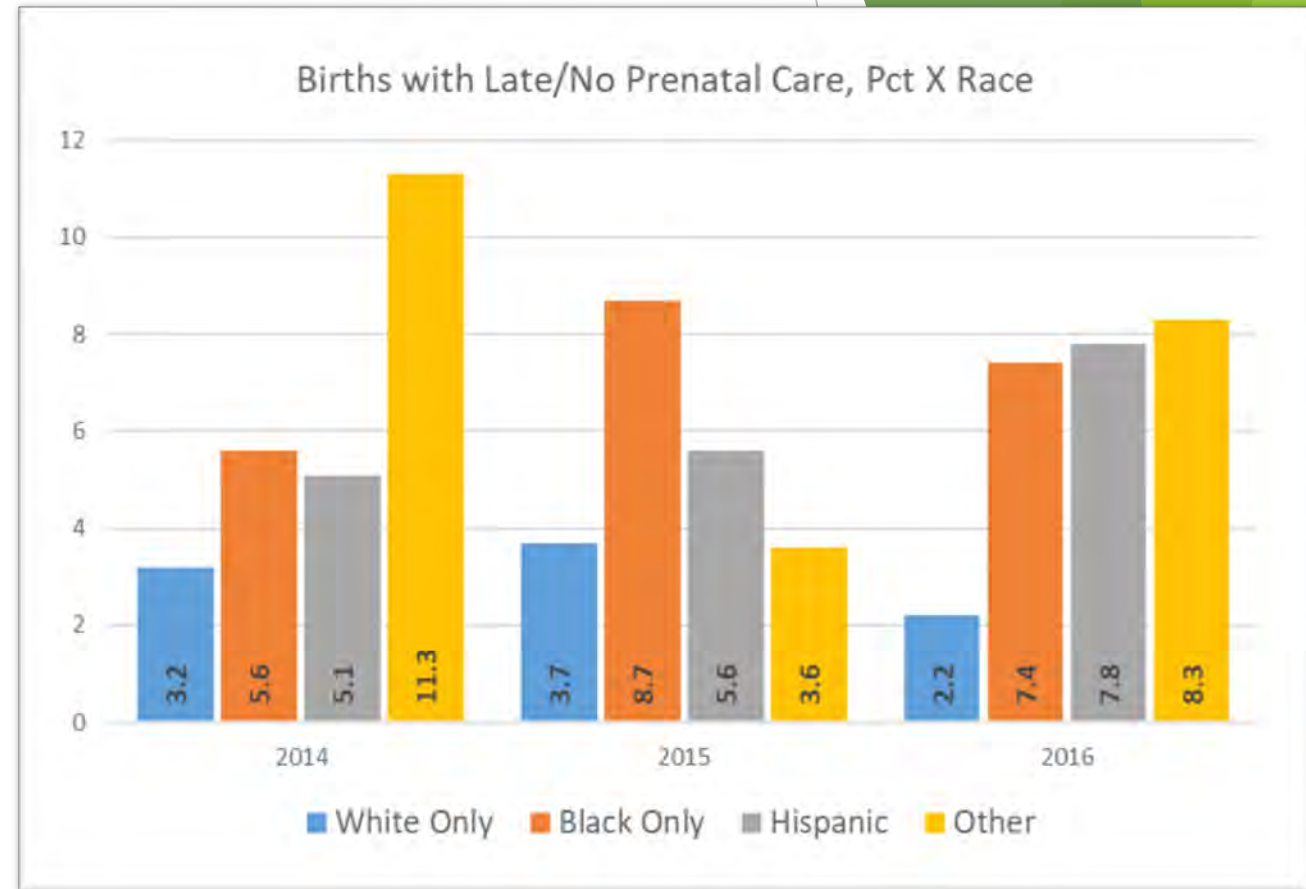


*"My mammogram, thank the lord, is free, but when you go to see the doctor to get the results of it, that's \$35. It's like, ok, I don't have that kind of money ...*



# Promote Healthy Women, Infants, & Children

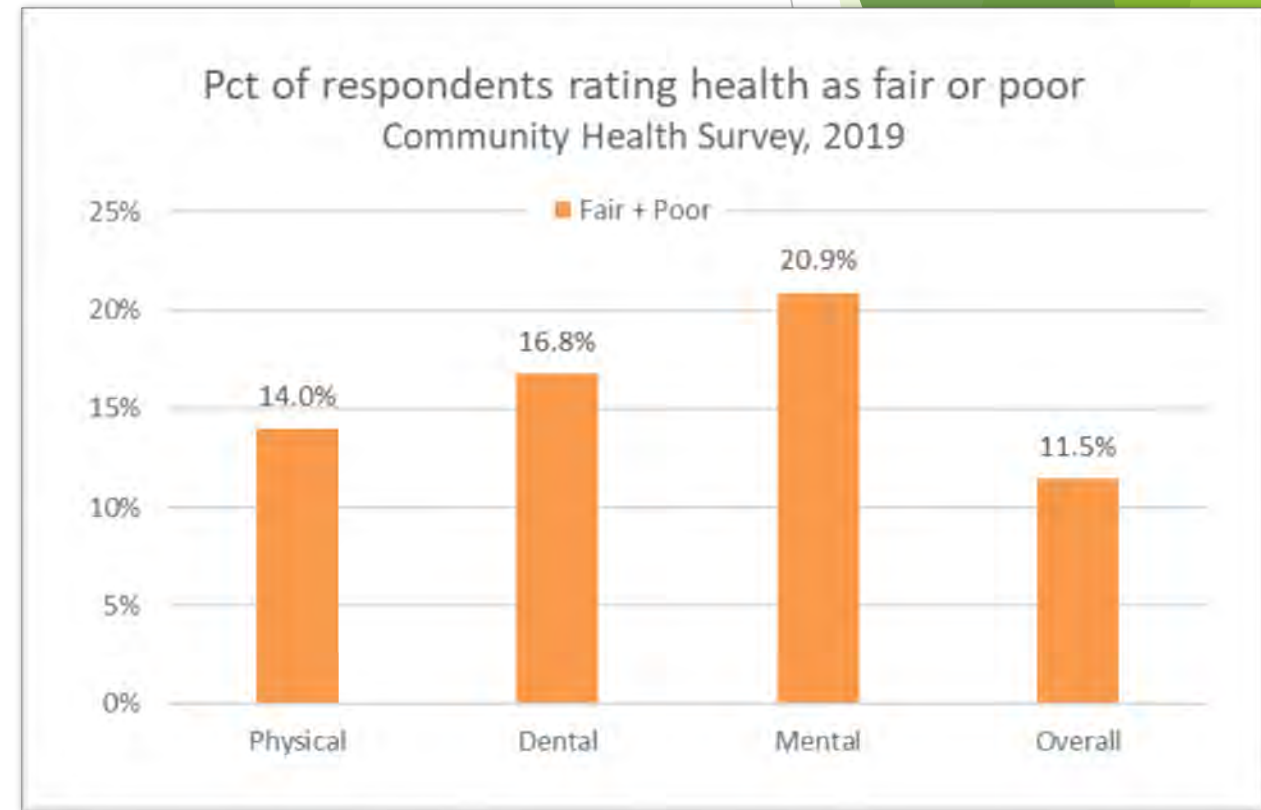
- ▶ FA-4: Cross-cutting healthy women, infants, & children.
  - ▶ Goal 4.1: Reduce racial, ethnic, economic, and geographic disparities in maternal and child health outcomes, and promote health equity for maternal and child health populations.



# Promote Well-Being and Prevent Mental & Substance Abuse Disorders

## ► FA-1: Promote well-being.

- Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan.
- Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages



Lisa Horn, Horn Research

# Questions?

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