

# ***Supports-for-Health***

**Short term transportation solutions  
for high-risk Medicaid recipients!**

The program can help with: transportation or the delivery of:

- Food after a hospital release
- Prescriptions
- Medical supplies
- Renewal of Crucial Benefits
- Chronic Disease Self-Management Class & Prevention Programs
- Healthy Foods for a new dietary requirement
- Crisis Prevention (Health Related)

**How it's helped our community:**

- Rides to fitness and nutritional programs
- Allowed a person transportation to get to Bath for a DV court date
- Transportation to access a free electric wheelchair
- Pharmacy and renewal of benefits trips
- Transportation to Elmira for a social security evaluation

**Data:**

- 48 organizations trained Tompkins Co./162 in 5 county region
- 116 vouchers given to customers To. Co. /245 in region
- 98 vouchers redeemed in To. Co. /201 in region
- 46 unique individuals served / 109 in region

***Supports-for-Health***

*Locally supported by 2-1-1 & the Humana Foundation*

*Tompkins County*



**Move Together NY**

A Regional Transportation Project  
Helping people get to work and medical appointments



## **Transportation & the Social Determinants of Health: “How do I get there and why it matters”**

November 15, 2018,  
Double Tree by Hilton, Binghamton, NY

### **Executive Summary**

#### **Purpose:**

The workshop was to address transportation access, as it relates to the social determinants of health, throughout our Finger Lakes and Southern Tier region. Our primary areas of focus were Broome, Cortland, Chemung, Chenango, Delaware, Otsego, Schuyler, Steuben, Tioga and Tompkins Counties. Social Determinants of health (SDH) that impact a person's health and quality of life and are not directly related to healthcare. These include: Economic stability, the neighborhood and built environment, health and healthcare, social and community context, education and the link between them all is transportation.

Move Together NY, a regional transportation project of Way2Go at Cornell Cooperative Extension of Tompkins County, and Getthere, a mobility management program of the Rural Health Network of SCNY, were selected by the National Center for Mobility Management to host a professionally facilitated workshop to bring together healthcare providers, human service organizations, transportation providers and other related stakeholders to address transportation access to healthcare, especially as it relates to low-income individuals, older adults and persons with disabilities.

#### **Goals:**

- 1) Initiate mutually beneficial partnerships between public and private entities who are committed to improving mobility services for access to healthcare
- 2) Develop a strategy to address unmet transportation needs, that enhances and expands on existing transportation solutions
- 3) Design a co-created funding plan for the service or strategy.
- 4) Establish a plan for ongoing dialogue and continued work.

#### **Outcomes:**

Due to a significant snowstorm, the workshop was adjourned very early. The initial activities were completed. But the formation of working groups and potential partnerships were not accomplished. Therefore a strategy was developed by the team to form three working groups to do a deeper dive into issues identified by the group. The working group categories are:  
1.) Transportation Services

2.) Funding and Grants

3.) Advocacy

Challenge statements were formed by the group to answer the question, "How might we..."

- 1.) ... respond to needs for on-demand/short notice trips?
- 2.) ...build a network among social service organizations to help leverage common resource ideas and solutions?
- 3.) ...build individuals' trust in transportation services?
- 4.) ...better inform policy makers that impact the intersection of transportation and healthcare?
- 5.) ...recognize and respond to individuals' customized challenges?
- 6.) ...tap into, uncover and coordinate volunteers to fill needs?
- 7.) ...support non-transportation organizations with their clients/customers transportation challenges?
- 8.) ...raise awareness/support other destinations that are equally important to support good health outcomes?
- 9.) ...attract more people to become drivers?
- 10.) ...make transportation benefit to communities more apparent, leading to additional funding?

The challenge statements created will be the stepping stone for the work groups to develop innovative ideas and future partnerships. The Move Together NY project and Getthere have committed to jointly work at facilitating these groups to meet some of the stated goals.