# Aug 2, 2024 | Long Term Care Committee Meeting (IT)

#### Attendees:

Caryn Bullis COFA, Kaitlin Hascup, LTC TCDSS, Micaela Corazon, Mental Health Association, Sarah Askew, Outreach Counselor NY StateWide Senior Action Council, Dawn Sprague, COFA, Angela Mennitto - Community Member, Nicole Zulu, HSC, Terry McCann - EISEP case, Mary-Ann Reeter, Community Member, Serena Stern, community member, Kim Owen, Director of Marketing and Sales at Longview, Heidi Love, Cayuga Health Partners Care Coordination RN Sue Ellen Stuart- Visiting Nurse Service, Ben Bassett, NY Connects Advocacy Specialist, Finger Lakes Independence Center, Kathryn, STIC, Thena Lindhorst, Love Living at Home, Beth Harrington, community member, Karen Brown, LTCC coordinator, Sue Ellen Stewart, Chair of LTCC

# **Upcoming Events**

- 8/6 9 AM Home Health Aide Recognition Planning Group https://us02web.zoom.us/j/87222022458
- 9/5/24 @ noon Tough Stuff Quarterly Speaker Jennifer Muniak, MD
   "One Size Fits None: Getting to Trauma-Informed, Person-Centered Care for Patients with Obesity in PALTC."

https://us02web.zoom.us/j/87174269169?pwd=eFp4N1FPajZFOS9Na0tYRXBNSDI2dz09 Meeting ID: 871 7426 9169 Passcode: 246394

- Long Term Care Committee Quarterly Meeting is November 1, 2024 location to be announced (COFA Dawn Sprague Member Highlight)
- Monthly meetings for "What Matters Most" TBA

#### **AGENDA**

Noon - 12:10 PM

Welcome & Announcements by Sue Ellen Stuart

12:10 - 12:40 PM

Did You Know?

Member Highlight on Services in Tompkins County related to LTCC

Tompkins County DSS Long Term Care Department

Medicaid & Medicare Services

Kaitlin Hascup, RN & Terry McCann

12:40 -12:45 PM

Discussion around available services

12:45 - 12:55 PM

Workgroup update

12:55 -1:05 PM

Group Breakouts - The good, the bad, & the ugly.

Small groups will meet for 10 minutes and discuss what is going well, is challenging and barriers to LTC.

#### Meeting NOTES:

#### Speakers:

**Terry McCann** discussed the services available to older adults through Expanded In Home Services for the Elderly Program (EISEP). (607) 274-5278 This is a program that offers case management services, in-home services like personal aides (there is a waiting list), and more. These services are for older adults who do not have Medicaid.

Kaitlin Hascup, LTC TCDSS discussed services available for those qualifying for Medicaid. Medicaid can cover in-home personal aides (they do not use the same aides as EISEP). Tompkins Care Connection provides information and referral about long term care and other services such as home delivered meals, respite, and home health care.

The program also provides in-home assessments, in-home aide service, and PRI (Patient Review Instrument) assessments to determine the level of care and type of skilled nursing facility most appropriate for the individual. (607) 274-5222

Everyone must go through the initial assessment by The New York Independent Assessor. (See Chat Transcript or recording for more detail).

# **Workgroup UPDATES**

# Join or support the Home Health Aide Recognition Planning Committee. Anyone interested is invited to attend.

Aug 6, 2024 09:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/87222022458

Meeting ID: 872 2202 24Find your local number:

https://us02web.zoom.us/u/koxV2IC44

EVENT will be held on November 13th at the Foundation of Light

4 - 6 PM. November is National Home Health & Hospice Month

For more information, contact Karen Brown at kbrown@hsctc.org

#### What Matters Most (name still in progress) Work Group

A group met last week to discuss forming a work group to address end of life issues in Tompkins County. This group is working on creating goals and setting priorities. Two areas of interest of the group included increasing awareness of community resources available related to end of life and What Matters Most (4 M's of Age Friendly Health) for health providers and organizations. This group is working on planning a fall and spring event for the community and is seeking opportunities to partner with academic, health and community organizations. The group is interested in exploring collaborating with the Home Health Aide Recognition Planning group.

## **Upcoming Talk - Tough Stuff Quarterly Presentation**

#### Sept 5th @ Noon - Virtual

Jennifer Muniack, MD, CMD (her/hers) will join us for a talk

"One Size Fits None: Getting to Trauma-Informed, Person-Centered Care for Patients with Obesity in PALTC."

Is it possible to have less conflict with and bias towards larger-bodied residents, particularly in a system that was not built for them? We will explore underlying biases toward larger people, trauma-informed care principles as they apply toward this population, and hopefully shift the discourse in caring for PALTC residents living in larger bodies.

Please help promote the talk -- (pdf available). Open to All - Free to Attend. Contact Karen for a flyer at kbrown@hsctc.org

#### MEMBER ANNOUNCEMENTS

Submitted by :
Kim Owen, Longview
Director of Marketing and Sales
kowen@longviewithaca.org

- Renovation and improvements are underway
- Replaced all dining appliances in main kitchen
- Replaced flooring throughout the enhanced assisted living level (Garden Level)
- Dining reno will begin week of August 5<sup>th</sup>
- Independent Living Apt renovations and other improvements will also begin week of August 5th
- Information sessions being held on August 14<sup>th</sup> and 21st: August 14<sup>th</sup> session is already full
- Patio Homes OPEN HOUSE being held on September 11th. Registration for all events is by email to kowen@longviewithaca.org or by phone/text at 607-342-4239 or at longviewithaca.org and click on the Events tab
- Walk to End Alzheimer's Anyone is welcome to join our Walk Team: Team IC/Longview Partnership. The Walk is being held at Ithaca College on September 14th
- Longview will be holding a bake sale fundraiser on 8/28 in the Longview front lobby
- 25<sup>th</sup> Anniversary of Ithaca College/Longview Partnership AND 50<sup>th</sup> Anniversary of Longview CELEBRATION in October
- Wellness Series 2024 First Friday of each month unless noted otherwiseWellness topics focused on aging and topics of interest to our population and those considering a future at Longview. All sessions are free but registration is required
- Community is Everything: Wellness 2025 is already almost scheduled throughout the year with new and exciting topics of interest. Registration is by

email to kowen@longviewithaca.org or by phone/text to 607-342-4239 or at longviewithaca.org and click on the Events tab

# 5) Assisted Living

- Moderate Income program for standard assisted living
- Rates start as low as \$2,500 for financially qualified individuals
- 6) Outreach: Kim is happy to come to your offices to share updates and answer any questions about changes or updates at Longview, to discuss our assisted and independent living programs and to share resources

### Sarah Askew

Hi, everyone! I am, Sarah! I'm the outreach. I'm an outreach counselor with the New York Statewide Senior Action Council. We have a free teach in coming up August 27th of this month at 10 Am. And it's going to be on emergency medical services in New York State. The Speaker will be Dr. Brenda Morrissey, Secretary of the New York State Volunteer Ambulance and Rescue Association. It's free to attend. It's over Zoom or by phone. So if you have anybody who's interested in attending that you work with that's not comfortable with Zoom. They can call in as well, and you can register for that right on our website. We do teach Ins usually once a month. So if you have anybody, any topics you're interested in, maybe coming and speaking about that, you think are important. Let me know. If you'd like to come and do a talk for statewide.

#### Sue Ellen Stewart (VNS)

New program! We can have an Emt go into a patient's home with a virtual care appointment with their primary care physician, to try to prevent them from having to go to the Ed or the hospital, and we're just ready to launch that here in the next couple of weeks. So that's kind of exciting for our patients.

Committee members are encouraged to submit announcements for meeting minutes.

Next Meeting is November 1, 2024 at NOON

https://us02web.zoom.us/j/81051506780?pwd=MIIUaStER2oyUHVmdTk1eDAwOEtN Zz09